TRAINING CALENDAR 2026

	Course Title	Duration	Location
NOVEMBER 2026			
03/11/2026 10.30 – 12.00	Money Worries Training (see course description below)	2.5 hours	Online through MS Teams Bookable through shet.healthyshetland@nhs.scot Or call 01595 743330
05/11/2026 09.30 – 12.30	Adult Support & Protection Level 2	3 hours	Islesburgh Community Centre, Room 12
05/11/2026 13.30 – 16.30	Child Protection Level 2	3 hours	Islesburgh Community Centre, Room 12
10/11/2026 14.00 – 17.00	Adult Support & Protection Level 3 – Blended Learning	3 hours	Islesburgh Community Centre, Room 11
12/11/2026 – 13/11/2026 09.30 – 16.30	Child Protection Level 3	2 days	Baptist Kirk, Quoys
17/11/2026 09.00 – 16.30	Mentally Healthy Workplace Training for Managers	7 hours	Islesburgh Community Centre Bookable through See link below
24/11/2026 09.00 – 13.00	Vicarious trauma and Proactive Self-Care Framework	4 hours	Islesburgh Community Centre Room 16
25/11/2026 09.00 – 13.00	Vicarious trauma and Proactive Self-Care Framework	4 hours	Town Hall
26/11/2026 09.30 – 16.00	Trauma Skilled Practice – Transforming Connections	7 hours	Islesburgh Community Centre, Room 12
26/11/2026 09.30 – 16.30	MAP of Behaviour Change Training	7 hours	Islesburgh Community Centre Bookable through: shet.healthyshetland@nhs.scot

Mentally Healthy Workplace Training for Managers - mhandsplearning.publichealthscotland.scot/mhwtcourse_registration.aspx?id=221b357e-18bf-4737-8fc4-f4d9e79e2009

	Course Title	Duration	Location
DECEMBER 2026			
01/12/2026 09.30 – 12.30	Adult Support & Protection Level 2	3 hours	Islesburgh Community Centre, Room 16
01/12/2026 13.30 – 16.30	Child Protection Level 2	3 hours	Islesburgh Community Centre, Radio Room
02/12/2026 13.15 – 17.00	Gender Based Violence Level 2	3 hours 30 mins	Islesburgh Community Centre, Room 11
03/12/2026 10.30 – 12.00	Money Worries Training (see course description below)	2.5 hours	Online through MS Teams Bookable through shet.healthyshetland@nhs.scot Or call 01595 743330
JANUARY 2027			
FEBRUARY 2027			
18/02/27-19/02/27 09.30 – 16.30	Child Protection Level 3	2 days	Baptist Kirk, Quoys
MARCH 2027			
11/03/27 09.30 – 16.00	Trauma Skilled Practice – Transforming Connections	7 hours	Islesburgh Community Centre, Room 12
APRIL 2027			
MAY 2027			
13/05/27-14/05/27 09.30 – 16.30	Child Protection Level 3	2 days	Baptist Kirk, Quoys
27/05/27 09.30 – 16.00	Trauma Skilled Practice – Transforming Connections	7 hours	Islesburgh Community Centre, Room 12
JUNE 2027			
JULY 2027			
AUGUST 2027			

SEPTEMBER 2027			
16/09/27-17/09/27 09.30 – 16.30	Child Protection Level 3	2 days	Baptist Kirk, Quoys
16/09/27 09.30 – 16.00	Trauma Skilled Practice – Transforming Connections	7 hours	Islesburgh Community Centre, Room 12
OCTOBER 2027			
NOVEMBER 2027			
18/11/27-19/11/27 09.30 – 16.30	Child Protection Level 3	2 days	Baptist Kirk, Quoys
DECEMBER 2027			

Money Worries Training
Money Worries training is designed to support staff and volunteers raise the topic of money with individuals and have brief conversations about financial concerns as part of their work. It gives participants a greater understanding of the impact of financial insecurity, and where to signpost or refer people to receive further support and advice.

Alcohol Brief Intervention Training
Alcohol Brief Interventions (ABIs) are short, evidence-based, structured conversations about alcohol consumption with an individual. They seek, in a non-confrontational way, to motivate and support the individual to think about their drinking behaviours and possible changes they could make to reduce their consumption. The training explains how to raise the issue of alcohol, complete a FAST screening and deliver an Alcohol Brief Intervention using health behaviour change techniques. The training is aimed at frontline staff and staff with regular patient/client contact. It is approx 1.5 hrs long and is delivered over Teams.

Mentally Healthy Workplace Training for Managers
Mentally Healthy Workplace Training is aimed at improving the awareness and understanding of mental health for those with management responsibility for staff. It helps line managers identify the key factors that contribute to a mentally healthy workplace; increase their understanding of mental health in the workplace and their responsibilities; and improve skills and confidence in dealing with mental health in the workplace.

MAP of Behaviour Change Training
MAP of Health Behaviour Change Learning Programme is a person-centred behaviour change resource which can be used to support people make positive changes in their lives. This learning programme aims to equip health, care and 3rd sector staff with the knowledge, skills and confidence to talk to individuals about behaviour change and support them make positive health and wellbeing changes in a way which suits them best.