



Hourglass Scotland
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Call our Helpline on
0808 808 8141

Monday to Friday 9am to 5pm
It's entirely confidential and free to call
from a landline or mobile and will
not appear on your phone bill



Hourglass is the working name of Hourglass (Safer Ageing) Ltd, a charity registered in England and Wales (reg. no: 1140543), and also in Scotland (reg. no: SC046278). Hourglass (Safer Ageing) Ltd is registered as a company in England and Wales under number 07290092.

Hourglass Scotland relies on
donations to provide our services.

Please make a donation here:
www.wearehourglass.org/donate

Text SAFER to 70460
to donate £10.

Texts cost £10 plus one standard rate message and you'll be
opting in to hear more about our work and fundraising via
telephone and SMS.

If you'd like to give £10 but do not wish to receive marketing
communications, text SAFERNOINFO to 70460



Community Hub:

A local response to safer ageing

Hourglass Scotland is the only charity in Scotland dedicated to calling time on the harm, abuse and exploitation of older people.

We support older people experiencing (or at risk of) harm, abuse or exploitation, and work towards safer ageing and a fairer society for all older people.

Community Hub: A local response to safer ageing

- **Has someone you thought you could trust made you feel scared, unsafe or worried?**
- **Are you concerned about an older relative?**
- **Do you need help to access support or enforce your rights?**

Being harmed, exploited or abused is never ok. This might include physical, financial, psychological, sexual or neglect.

We can Help

Our Community Hub is a one-stop-shop for anyone who is concerned about the abuse of older people, or needs advice about safer ageing. With a strong community presence, our focus is to provide an immediate and localised response to the abuse of older people – building on our own expertise, as well as working with a range of partner agencies in local communities across Scotland.

The Hub offers specialist advice and support for older people who have experienced, or are at risk of, harm, abuse or exploitation.

Our experienced team can provide support in a range of areas, from prevention and early intervention, right through to direct support and recovery from abuse.

What support is available?

Based in Fife, but offering services across the whole of Scotland, our specialist team can support with:

- Casework: to help you make informed choices, access support or challenge a decision.
- Advocating on your behalf.
- Follow-up calls to provide ongoing support and check-ins.
- A range of information materials, including our online Knowledge Bank, the UK's first ever specialist knowledge bank specifically relating to the abuse of older people and safer ageing.

For those within reach of our Hub in Fife (when the current restrictions ease), we will also offer a drop-in centre, one-to-one support from volunteers to support with recovery from abuse, and group-based support for older people.

Contact us

Until the current restrictions ease, all Hub services will be provided over the phone or online.

Tel. 0808 808 814

(our experienced Helpline team will transfer you directly to the Hub)

E-mail: helpline@wearehourglass.org • **Web:** wearehourglass.org

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