

EMERGENCY SERVICES

POLICE

In an Emergency Dial 999

Tel: 101 – Non-Emergency calls

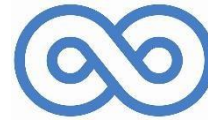
Shetland Islands Council:

Duty Social Work

Tel: 01595 744400 Mon-Fri 9am-5pm

Tel: 01595 695611 Out of Hours

Social Work services are there to provide help for adults and children who are at risk of harm.



LOCAL SUPPORT SERVICES

Shetland Women's Aid

Tel: 01595 692070

Women's Aid provides help to women and children experiencing domestic abuse. They may be able to offer safe and secure accommodation for you and your children.

The Compass Centre

Tel: 01595 747174

The Compass Centre, formally Shetland Rape Crisis provides free and confidential information, advocacy and support for anyone in Shetland aged 13 and over affected by any form of sexual violence.

Victim Support Shetland

Tel: 01595 744524

Victim Support Shetland provides victims of crime with free and confidential emotional and practical assistance and information about the criminal justice system.

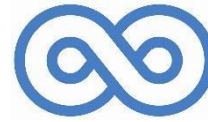
Shetland Citizens Advice Bureau

Tel: 01595 694696

Shetland Citizens Advice Bureau provides free and confidential advice and information whatever your problem. We can represent you formally at tribunal hearings.

Domestic Abuse and GBV

November 2022



Shetland
Domestic
Abuse
Partnership

The Advocacy People

Tel: 0330 440 9000

Email: Info@theadvocacy.people.org.uk

The Advocacy People is an independent charity that offers free and confidential services. They support people or groups to make their own decisions and have as much control as possible over their own lives.

Shetland Islands Council:

Duty Social Work

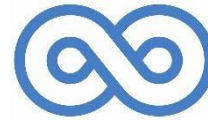
Tel: 01595 744400 Mon-Fri 9am-5pm

Tel: 01595 695611 Out of Hours

Social Work services are there to provide help for adults and children who are at risk of harm.

Police

Tel: 101 – Non Emergency calls



NATIONAL SUPPORT SERVICES

Scotland's Domestic Abuse and Forced Marriage Helpline

0800 027 1234

Free confidential 24-hour support for people who have experienced domestic abuse.

Rape Crisis Scotland Helpline

Tel: 08088 01 03 02

Crisis support for anyone in Scotland affected by sexual violence at any time in their lives.

Rape and Sexual Abuse Service Highland (RASHASH)

Tel: 03330 066909

RASASH provides free and confidential information, advocacy and support to anyone aged 13 or over who is affected by sexual violence.

Scottish Women's Aid

Tel: 0800 027 1234

Women's Aid provides help to women and children experiencing domestic abuse. They may be able to offer safe and secure accommodation for you and your children.

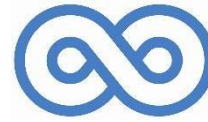
Scottish Legal Aid Board Legal Help Information Line

Tel: 0131 226 7061

Helps individuals on low and modest incomes gain access to the legal system. Provides help towards the costs of legal advice and representation, for those who qualify, paid for out of public funds.

Domestic Abuse and GBV

November 2022



Shetland
Domestic
Abuse
Partnership

Civil Legal Aid Assistance (Highlands and Islands)

Tel: 01463 641 770

Employs solicitors to provide civil legal assistance direct to clients and address unmet legal need under Part V of the Legal Aid (Scotland) Act 1986.

Scottish Women's Rights Centre

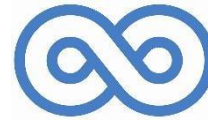
Tel: 08088 010 789

Provides free legal information and advice to women who have been affected by any form of Gender Based Violence

Respect Phonenumber

Tel: 0808 802 4040

Will offer anyone who is worried that their own behaviour towards a partner is abusive, a chance to get support to stop and change. Can also support concerned friends and family.



SUPPORT SERVICES FOR MEN

Men's Advice Line

Tel: 0808 801 0327

Confidential helpline for men experiencing domestic violence or abuse.

Abused Men in Scotland

Tel: 03300 949 395

Provides direct support to men experiencing domestic abuse in Scotland, as well as helping to improve mainstream service responses.

SurvivorsUK

Tel: 020 359 83898

SurvivorsUK offer web chat services for men provided by trained professionals who are specialists in the field of male sexual violence, including childhood sexual abuse and adult rape.

Respect Phonenumber

Tel: 0808 802 4040

Will offer anyone who is worried that their own behaviour towards a partner is abusive, a chance to get support to stop and change. Can also support concerned friends and family.

White Ribbon Scotland

White Ribbon Scotland is a campaign to involve men in tackling violence against women.



SUPPORT SERVICES FOR CHILDREN AND YOUNG PEOPLE

Childline

Tel: 0800 1111

Childline is a free, private, and confidential service where you can be you. Whatever your worry, whenever you need help, however you want to get in touch. They are there for you online, on the phone, anytime.

The Hideout

The Hideout can help you understand domestic abuse and what to do if it's happening to you

Voice Against Violence

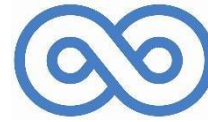
Voice Against Violence are a group of young people with direct experience of domestic abuse who are working with the Scottish Government and Local Authorities to tackle domestic abuse and improve the lives of children.

18U

18U provides information and support to young people who have been abused in any way. You can visit in person in Dundee, by phone on Facebook, text, WhatsApp, snapchat or I-Message.

LGBT Youth Scotland

LGBT Youth Scotland's website provides information on identifying domestic abuse and what to do in a crisis. LGBT Youth Scotland is the largest youth and community-based organisation for lesbian, gay, bisexual, and transgender (LGBT) people in Scotland.



LGBT SUPPORT SERVICES

Galop

Tel: 0800 999 5428

Provides emotional and practical support for LGBT people experiencing domestic abuse.

LGBT Youth Scotland

LGBT Youth Scotland's website provides information on identifying domestic abuse and what to do in a crisis. LGBT Youth Scotland is the largest youth and community-based organisation for lesbian, gay, bisexual, and transgender (LGBT) people in Scotland.
