



SUPPORT SERVICES FOR CHILDREN AND YOUNG PEOPLE

Childline

Tel: 0800 1111

Childline is a free, private, and confidential service where you can be you. Whatever your worry, whenever you need help, however you want to get in touch. They are there for you online, on the phone, anytime.

The Hideout

The Hideout can help you understand domestic abuse and what to do if it's happening to you.

Voice Against Violence

Voice Against Violence are a group of young people with direct experience of domestic abuse who are working with the Scottish Government and Local Authorities to tackle domestic abuse and improve the lives of children.

18U

18U provides information and support to young people who have been abused in any way. You can visit in person in Dundee, by phone on Facebook, text, WhatsApp, snapchat or I-Message.

LGBT Youth Scotland

LGBT Youth Scotland's website provides information on identifying domestic abuse and what to do in a crisis. LGBT Youth Scotland is the largest youth and community-based organisation for lesbian, gay, bisexual, and transgender (LGBT) people in Scotland.