

IF  
YOU'RE  
FRIGHTENED  
OF YOUR  
PARTNER,  
CALL US.

**NATIONAL DOMESTIC VIOLENCE HELPLINE**

**0808 2000 247**

**24/7 CONFIDENTIAL FREEPHONE**

**women's aid**

until women & children are safe

[www.womensaid.org.uk](http://www.womensaid.org.uk)

**Refuge**



For women and children.  
Against domestic violence.

[www.refuge.org.uk](http://www.refuge.org.uk)