



LOCAL SUPPORT SERVICES

Shetland Women's Aid

Tel: 01595 692070

[Email Us](#)

Women's Aid provides help to women and children experiencing domestic abuse. They may be able to offer safe and secure accommodation for you and your children.

Shetland Rape Crisis

Tel: 01595 745078 / 07570 062362

[Email Us](#)

Shetland Rape Crisis provides free and confidential information, advocacy and support for anyone in Shetland aged 13 and over affected by any form of sexual violence.

Victim Support Shetland

Tel: 01595 724524

[Email Us](#)

Victim Support Shetland provides victims of crime with free and confidential emotional and practical assistance and information about the criminal justice system.

Survivors of Childhood Sexual Abuse Information and Resources

Tel: 07747 097160

[Email Us](#)

If your life is affected by sexual abuse there are support groups for survivors over 18, partners of survivors, and parents of children who have been sexually abused by others

Shetland Citizens Advice Bureau

Tel: 01595 694696

[Email Us](#)

Shetland Citizens Advice Bureau provides free and confidential advice and information whatever your problem. We can represent you formally at tribunal hearings.

Advocacy Shetland

Tel: 01595 743929

[Email Us](#)

Advocacy Shetland helps people to gain access to information, explore and understand their options, and make their views and wishes known to all the services they are dealing with.

Shetland Islands Council: Duty Social Work

Tel: 01595 744400 Mon-Fri 9am-5pm

Tel: 01595 695611 Out of Hours

Social Work services are there to provide help for adults and children who are at risk of harm.

Police

Tel: 101 – Non Emergency calls