## Confidentiality & keeping your information safe

Everything discussed at a MARAC is confidential and members from all organisations must sign a confidentiality agreement. Where child protection concerns have been identified, these will be shared with appropriate authorities in the usual way.

### What if I don't want to be referred to a MARAC?

If you don't want your case referred to a MARAC, the reasons for your refusal will be taken to a MARAC. We consider the potential risk is so high that the agencies will need to consider what they can do to try and reduce the risk. You will have a choice about whether you take part in any actions to increase your safety.

#### Notes

#### What happens next?

You will be updated after the MARAC on the practical actions and outcomes that are going to be undertaken and the likely timescale for them happening. The responsibility for completing the actions in your safety plan sits with the relevant agencies. Once all the actions on your plan have been completed, your case will be removed from the MARAC, if no further risks are identified. If further risks are identified, then the plan will be reviewed by the MARAC. The IDAA will let you know when your case is being removed from the MARAC.

# Where can I go for support or further information?

If you want to discuss your case further, or seek support, you should contact the IDAA. You can also provide feedback to them about how the MARAC actions are working in practice. If you experience further incidents of domestic abuse, you should report this to the Police.



# A Guide to MARAC

Multi-Agency Risk Assessment Conference (MARAC)

### How it works

#### What is a MARAC?

MARAC stands for Multi-Agency Risk Assessment Conference. It's a meeting where representatives from a number of organisations in Shetland talk about the safety, health and wellbeing of people experiencing domestic abuse, stalking or honour-based violence and draw up a safety plan to help make them safer. The MARAC process is about reducing the risk of you being harmed.

### Why are your circumstances being discussed?

People who have been identified as being at potential "high risk" of current or future harm from domestic abuse are discussed at a MARAC. Each domestic abuse case that is reported is assessed to identify the level of risk. The risk factors considered include the nature of the abuse, the previous behaviour or convictions of the perpetrator, threats and the involvement of drugs or alcohol. These are just some of the things that are considered.

You have been identified as at potential high risk, so a MARAC should help to address safety issues for you.

#### Who is involved?

A number of different organisations attend MARAC regularly:

Details of your main point(s) of contact have been inserted below:

**Advocacy Shetland** 01595 743929

**Shetland Women's Aid** 01595 692070

#### Shetland Islands Council 01595 693535 (Main Switchboard)

Police Scotland Non-Emergency 101 Emergency 999

**NHS Shetland** 01595 696767

#### Victim Support Shetland 01595 744524

#### Am I represented at the MARAC?

You will not personally attend the MARAC. An Independent Domestic Abuse Advocate (IDAA) will represent your views, if you want them to. They will feed back to you after the meetings, so that you are aware of the outcomes/ if you have a particular concern that you want to be discussed you can ask them to talk about this on your behalf.

#### What can you expect?

At the MARAC professionals will identify what they can do to help increase your safety. The IDAA will keep you updated.

Examples of actions the MARAC might take include:

- Assisting in emergency housing transfers;
- Asking a health visitor to check on your wellbeing through extra visits or ensuring schools do not allow children to leave with anyone but you.