SHETLAND TRAUMA TRAINING RESOURCES PATHWAY

Do you come into contact with children & young people in any aspect of your work?

Yes →

STEP 1
Watch this video:
[Sowing seeds: Trauma informed practice for anyone working with children & young people](#)

STEP 2
Complete this course on iLearn:
Introduction to Trauma Informed Practice – part one
(SIC staff can search for this in the Learning Library & self enrol)

STEP 3
Complete this course on iLearn:
Introduction to Trauma Informed Practice – part two

Are you the manager of such a service?

Yes ↓

STEP 1
Access the appropriate resources (for children or adult services) to support 'Taking a trauma informed lens to your service and practice.
Guided workshop videos:
https://transformingpsychologicaltrauma.scot/resources/understanding-trauma/ (scroll left and right)

Do you come into contact with adults in any aspect of your work?

Yes →

STEP 1
Watch this video:
[Opening Doors: Trauma informed practice for the workforce](#)

STEP 2
Complete this course on iLearn:
Trauma Informed Practice
(SIC staff can search for this in the Learning Library & self enrol)

In the course of your work do you come into contact with people who may have been affected by trauma and to whom you have a duty to respond in some way?

Yes →

STEP 1
Complete courses on the NHS TURAS platform:
Developing your Trauma Skilled practice module 1 – module 2 'trauma in children & young people' – module 3 'understanding the impact on mental health and evidence-based pathways to recovery'
Link to TURAS:
https://turasdashboard.nes.nhs.scot/

STEP 2
Register for a Trauma Skilled Reflective Practice Session on VOR.
This is a facilitated session with a subject expert and provides an opportunity to reflect on learning, ask questions and consider scenarios.

STEP 3
Discuss with your manager if you should be undertaking Trauma Enhanced level training. E.g. if you have a specific remit to respond to people known to be affected by trauma, and, are required to provide advocacy support or interventions, see the National Trauma Training Plan.

STEP 2
Discuss with your line manager if it is relevant that you attend the Scottish Trauma Informed Leaders Training (STILT).

ewr Emotional Wellbeing & Resilience