

Domestic Abuse Support Services

Things you may wish to take if leaving an abusive relationship



Shetland
Domestic
Abuse
Partnership

Change of clothes

Toiletries

Yours and your children's favourite toys/items

Address book

Identification

Birth certificate for you and your children

National Insurance number

Money, bank books, credit cards etc.

Keys - house, car, office etc.

Driver's license and registration documents

Insurance papers

Passport

Visas

Work permits

Lease/rental agreement

Mortgage payment receipts